



TENNIS 4 LEARNING

Public Tennis Inc., 501c3 NonProfit
USTA Foundation NJTL and USTA CTA
Beaufort County, SC
www.publictennis.org

VIDEO 4: PLAYING THE GAME AND KEEPING SCORE

IN-CLASS WARM UP

(Do concurrently with video, pause and supplement as needed)

Toe Touches: raise hands up and roll all the way down to touch your toes

Modified Jumping Jacks: Move leg to the side, raise arms at the same time

Pull Ups: Raise arms while gripping an imaginary bar then curl/crunch down to the ground

TOPICS/SEGMENTS:

(The scoring material is challenging, pause/review where video suggests and as needed)

- Serving and Receiving in tennis
 - The “Server” serves the ball into the service box
 - The “Receiver” returns the ball back across the net into the playing area
 - Players rally the ball back and forth within the playing area; server calls score
 - Singles games have 2 players --- one on each side of the net
 - Doubles games have 4 players and use a larger playing area
- How do players score a point (in/out)
 - A point is scored if a ball lands outside of the playing area or is hit into the net
 - Each player determines if a ball is “in” or “out” on their side of the court
 - Its important to keep your eye on the ball and always make an honest call
 - The receiver gets a point if the server misses two times in a row

(Pause video to walk through the game “Is the ball in or is it out”)

- Scoring – using very strange tennis “math”
 - Server always calls the score!
 - Zero points won = “Love”, First point won = 15, second point = 30, third point = 40
 - If score is tied at 40-40, it’s “Deuce” and a player must win by two points
 - Server wins next point after deuce, “Add in”. Receiver wins next point after deuce, “Ad out”. If player with “Ad” wins next point, “Game”, otherwise “Deuce” again.
- Sportsmanship – celebrate your skills and others, be fair, honest and show respect

WRAP UP

Quick quiz

- What is the minimum number of points needed to win a tennis game? (4)
- Sally (the Server) and Harry have a score of 30 – 40, how many points does Sally need to win the game? (at least 3 more to reach 40-40, Ad In and Game won)
- A ball comes across the net and you are not sure if it landed in or out, what call do you make? (if you are not sure, you must call the ball “in”)
- How do you feel if your opponent says “nice shot”? (glad to compete, respected, interested in playing with this player again, etc.)